



Alternatives For Girls
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Positive Choices, Powerful Lives

Metamorphosis

Meta·mor·pho·sis

1 a: change of physical form, structure, or substance especially by supernatural means

b: a striking alteration in appearance, character, or circumstances

2: a typically marked and more or less abrupt developmental change in the form or structure of an animal (as a butterfly or a frog) occurring subsequent to birth or hatching

On **June 24th, 2009 at 8:00 am**, you are invited to celebrate the striking alteration of homeless and at-risk girls and young women's lives in the **Butterfly House at the Detroit Zoo**. In a place where dramatic metamorphosis occurs everyday, you will learn how providing girls and young women with the right tools and resources can allow them to undergo their own deep transformation.

This free, one-hour breakfast will allow you to hear stories of transformation from girls in our programs, learn more about what we do at AFG, and hear from our Executive Director, Amanda Good. Guests will be asked for a donation to help us continue providing our crucial programs.

If you are interested in attending or would like more information, please Lindsey MacDonald at (313)361-4000 ext. 230 or lmacdonald@alternativesforgirls.org or respond to this email.

Sincerely,

Positive Choices,
Powerful Lives



Date: Wednesday,
June 24th, 2009

Registration: 7:30
am

**Breakfast and
Program:** 8:00am-
9:00am

Location: Wildlife
Interpretive
Gallery, Detroit Zoo

Quick Links...

[Our Website](#)

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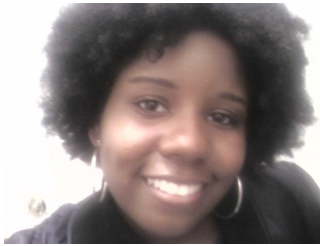
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Amanda (Amy) L. Good

A Story of Transformation: Tempest

"Everyday, I am becoming more empowered"



She had nowhere to go. After being forced out of her mother's home, she had lived with her aunt for the last two years. But now their house was being foreclosed on.

Fortunately, Tempest found Alternatives For Girls. She says, "before coming here, I was just going through the motions." She felt no direction in her life. Now, with the support of staff, she has outlined several goals for her life and knows how to get there. "I aspire to be a woman who is intelligent, confident, and successful. Everyday, I am becoming more empowered, spiritually awakened, self-sufficient, and everything else that is making me the best person I can be," she exclaims. She is on track to get her GED, and plans to attend college in fall to study journalism or engineering.

Tempest says that she was able to be successful because she has had, in her words, "my own personal cheerleader" in AFG staff. They gave her that push that she needed to realize her goals. They have also worked with her to help her to examine her life experiences. "Reflecting on my life, I see all of my pain and struggles as a 'necessary evil' to help mold me into the person I am today...ultimately, I want to live with purpose, whatever it is."

Alternatives For Girls (AFG) is a 501 (c) (3) nonprofit organization located in southwest Detroit, Michigan, serving homeless and high-risk girls and young women. Since 1987, AFG has provided critical services to program participants, including safe shelter, educational support, vocational guidance, mentoring and counseling. The goal is to empower girls and young women to make positive choices. AFG helps them repair their lives, rescue their dreams and restore their faith in the future.